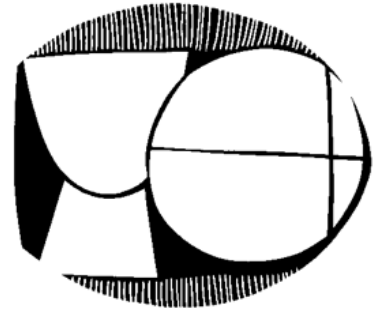


Season of Lent 2022

Dear Brothers and Sisters in Christ,

We are privileged to share with you the Eucharist of Gospel Nonviolence. We invite you to join us in advocating for this Eucharistic prayer so that it will become integral to our celebration of the sacred liturgy in our wounded world.



We also want to share our prayerful reasons for making this initiative. In the ancient tradition of the Church, the prayer of the community gathered at the Eucharistic table became the creative source of believing and living. In other words, communal prayer creates a shared vision, which, in turn, creates a way of living. To use the ancient terminology, *lex orandi* shapes *lex credendi*, which forms *lex vivendi*.

In preparing this Eucharist of Gospel Nonviolence, we intend to ground it in the prayer, preaching, and pastoral practice of Jesus. At his baptism, Jesus' encountered God as 'Abba,' the God who radically affirmed him as *agapetos*—the beloved Son whose life overflows with the Father's love. Jesus realized that this same overflowing love is accessible to the entire human community, including the sacred web of creation. This conviction is embodied in Christ's teaching regarding forgiving enemies, putting away swords, his new commandment of inclusive love, confronting systems of domination, and his final embrace of his state-sponsored execution on the cross. His life, ministry, death, and resurrection are a profound commitment to active, nonviolent, transforming love.

The teaching of our recent popes, especially Pope Francis, is challenging the Church to choose peace through active nonviolence instead of through military victory. Archbishop John Wester's historic pastoral letter, *Living in the Light of Christ's Peace: A Conversation Toward Nuclear Disarmament**, embodies this prophetic call to follow the path of Gospel Nonviolence. We also urge you to help implement this pastoral in your parishes and in dioceses.

Please join us as we move forward with deep respect for our Catholic liturgical tradition and a commitment to reclaim the earliest gospel tradition: Jesus the Christ, the Suffering Servant of Abba, his teaching, and ministry of active nonviolent love.

In the journey of peace-making,

The Working Group for Gospel Nonviolence, AUSCP

* Visit <https://archdiosf.org/living-in-the-light-of-christs-peace>

EUCCHARIST OF GOSPEL NONVIOLENCE

Entrance Antiphon

Cf. Sir 36: 18.19

Give peace, O Lord, to those who wait for you;
hear the prayers of your servants
and guide us in the way of justice.

Collect

God of life,
you continue to create your universe
with wondrous beauty and rich diversity.
Send your Spirit of unity more deeply into our lives,
so that we will not turn our diversity into division,
or our fear into hatred.
May your Risen Son, the Servant of Nonviolent Love,
breathe his peace into our minds and hearts.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

Prayer over the Offerings

Creator God,
through this bread and wine,
we unite our lives to the offering
of your faithful servant, Jesus.
May his body, broken in nonviolent love,
and his blood, poured out in healing forgiveness,
rekindle our commitment to the work of justice
and the pathway to peace.
We ask this through Christ Our Lord.

Communion Antiphon

Jn 14:27

Peace I leave with you;
my peace I give to you, says the Lord.
Not as the world gives do I give it to you.
Do not let your hearts be troubled or afraid.

Prayer after Communion

Loving and generous God, you have gathered us
at this table of your remembrance.

We thank you for nourishing your pilgrim community
with the Bread of Peace
and the Cup of Blessing.

May this sacred food sustain our commitment
to overcome fear with trust,
injury with pardon,
and hatred with nonviolent love.

We ask this through the Risen Christ
who lives forever.

Amen.



EUCCHARIST OF GOSPEL NONVIOLENCE OPTION I

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts.

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God.

R. It is right and just.

Loving Father, we praise you and thank you
through our Lord Jesus Christ.

He is your faithful servant, our brother,
who brings peace to our broken world
through his self-emptying, nonviolent love.

Through his life, passion, and resurrection,
he transforms our swords into plowshares,
our animosity into reconciliation,
our alienation into community,
and our hatred into forgiveness toward our enemies.

Your Spirit changes our hearts:
enemies begin to speak to one another,
those who were estranged join hands in friendship,
and nations seek the way of peace together.

The Spirit of the Nonviolent Christ is at work
when understanding puts an end to strife,
when hatred is overcome by compassion,
when vengeance gives way to forgiveness.

For the gift of this transforming love,
we never cease to thank and praise you.
We join with all the choirs of heaven and with all the earth to
proclaim your glory:

Holy, Holy, Holy, Lord God of Love,
Heaven and Earth are full of your glory. ...

The Priest, with hands extended, says:

God of love and compassion, we praise you
through your Son, Jesus Christ,
who comes in your name.

Celebrant alone

Jesus is the Word that brings liberation
from injustice and violence.

Jesus is the hand you stretch out to the sick,
the poor and the oppressed.

Jesus is the way that leads to peace.

God, our Father, because of fear, hatred,
and ever-recurring wars,
we had wandered far from your love.

But through your Son you have brought us back
to you and to one another.

To overcome the reign of violence,
he embraced the cross as the pathway to peace.

Therefore, we celebrate the promise of peace
that the Nonviolent Christ gives us
when we observe his commandment
to love one another as he has loved us.

He joins his hands and, holding them extended over the offerings, says:

We ask you to sanctify these gifts
by the power of your Spirit,
as we now fulfill your Son's command.

Celebrant
with
concelebrants

He joins his hands.

In the formulas that follow, the words of the Lord should be pronounced clearly and distinctly, as the nature of these words requires.

**While he was at supper
on the night before he died for us,**

He takes the bread and, holding it slightly raised above the altar, continues:

he took bread in his hands and gave you thanks and praise.

**He broke the bread and
gave it to his disciples, saying:**

He bows slightly.

**TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY **B**ODY,
WHICH WILL BE GIVEN UP FOR YOU.**

He shows the consecrated host to the people, places it again on the paten, and genuflects in adoration.

After this, he continues:

At the end of the meal,

He takes the chalice and, holding it slightly raised above the altar, continues:

**he took the chalice.
Again he praised you for your goodness
and gave it to his disciples, saying:**

He bows slightly.

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY **B**LOOD,
THE **B**LOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.**

He shows the chalice to the people, places it on the corporal, and genuflects in adoration. Then he says:

The mystery of faith.

Celebrant alone

And the people continue, acclaiming:

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

Or:

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

Or:

Save us, Savior of the world,
for by your Cross and Resurrection
you have set us free.

Then the Priest, with hands extended, says:

**God of Love, your Son has entrusted to us
this new Passover meal, this pledge of his love.**

Celebrant
with
concelebrants

**We celebrate the memory of his death and resurrection
and offer to you the gift that you have given us,
the Bread of life and the Chalice of salvation.**

**Therefore, we ask you, Father,
to accept us, together with your Son.**

**May his Holy Spirit keep us always in communion
with N. our Pope, and N. our bishop,
together with all our brothers and sisters.**

Celebrant or one
concelebrant

**Loving Father, make your church
throughout the world a sign of unity
and an instrument of your peace.**

**You have gathered us here
around the table of your Son,
in fellowship with the Virgin Mary,
Mother of God,
with Joseph, her spouse,
(with Saint N.: **the Saint of the day or Patron Saint**)
and all the martyrs and saints.**

**In that new creation,
where the fullness of your peace will be revealed,
gather people of every race, language,
religion, and way of life
to share in the one eternal banquet**

He join his hands.

with Jesus Christ the Lord.

He takes the chalice and the paten with the host and, raising both, he says:

**Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honor is yours,
for ever and ever.**

Celebrant
with
concelebrants

The people acclaim:

Amen!

Then follows the Communion Rite.



EUCCHARIST OF GOSPEL NONVIOLENCE OPTION II

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts.

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God.

R. It is right and just.

God our Father and Mother,
loving Source and Destiny of all life,
we praise you and thank you
through our Lord Jesus Christ.

He is your faithful servant, our brother,
who brings peace to our broken world
through his new commandment of love
and his confrontation with the powers of evil and injustice.

Through his self-emptying love,
he transforms our swords into plowshares,
our hostility into reconciliation,
our alienation into community,
and our hatred into forgiveness of our enemies.

The Spirit of the Nonviolent Christ is at work
when understanding puts an end to strife,
when hatred is overcome by compassion,
when vengeance gives way to forgiveness.

For the gift of this transforming love,
we never cease to thank and praise you.
We join with all the choirs of heaven
and with all the earth to proclaim your glory:

Holy, Holy, Holy, Lord God of Love,
Heaven and Earth are full of your glory. ...

The Priest, with hands extended, says:

Blessed are you compassionate and faithful God. Celebrant alone

We do well always and everywhere
to give you thanks.
You have no need of our praise,
yet our desire to thank you is itself your gift.

With loving tenderness, you have gathered your people
and filled us with a longing for peace that would last
and for justice that would never fail.

Through countless generations,
your people hungered for the bread of freedom.
From them you raised up Jesus, the Living Bread,
in whom ancient hungers were satisfied.

Jesus is the Word that brings liberation
from injustice and violence.
Jesus is the hand you stretch out to the sick,
the poor and the oppressed.
Jesus is the way that leads to peace.

On the night before he went forth to his life-giving death,
rejecting violence, loving his enemies,
and praying for his persecutors,
he gave his disciples a new commandment:
'Love one another.
As I have loved you, so you also should love one another.'

With a love stronger than death,
he opened his arms wide
and surrendered his Spirit in suffering service.

He joins his hands and, holding them extended over the offerings, says:

Loving God, send your Spirit to heal our lives
and to make holy these gifts of bread and wine,
that they may become
the Body and Blood of Jesus, the Christ.

Celebrant
with
concelebrants

He joins his hands.

In the formulas that follow, the words of the Lord should be pronounced clearly and distinctly, as the nature of these words requires.

**While he was at supper
on the night before he laid down his life for us all,**

He takes the bread and, holding it slightly raised above the altar, continues:
he took bread in his hands and gave you thanks and praise.

**He broke the bread and
gave it to his disciples, saying:**

He bows slightly.

**TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.**

He shows the consecrated host to the people, places it again on the paten, and genuflects in adoration.

After this, he continues:

At the end of the meal,

He takes the chalice and, holding it slightly raised above the altar, continues:

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Again he praised you for your goodness
and gave it to his disciples, saying:**

He bows slightly.

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.**

DO THIS IN MEMORY OF ME.

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The mystery of faith.

Celebrant alone

And the people continue, acclaiming:

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

Or:

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

Or:

Save us, Savior of the world,
for by your Cross and Resurrection
you have set us free.

Then the Priest, with hands extended, says:

**Loving God,
with gratitude we call to mind
the passion of your Son, Jesus.**

**We remember his suffering
at the hands of a broken humanity,
filled with the spirit of violence and enmity.**

**We remember that he endured
his torture and crucifixion
with a love free of retaliation,
revenge, and retribution.**

**We celebrate that you raised him
on the third day as your vindication
of his love for his brothers and sisters
in the human community
and for all of creation.**

**Therefore, we ask you, Father,
to accept us, together with your Son.**

**Fill us with his Spirit
through our sharing in this meal.**

Celebrant
with
concelebrants

May his Spirit of peace take away
all that divides us.

May this same Holy Spirit keep us always
in communion with **N.** our Pope, and **N.** our bishop,
together with all our sisters and brothers,
living and deceased.

Celebrant or one
concelebrant

Loving Father,
make your church throughout the world
a sign of unity and an instrument of your peace.

You have gathered us here
around the table of your Son,
in fellowship with the Virgin Mary,
Mother of God,
with Joseph, her spouse,
(with Saint **N.:** **the Saint of the day or Patron Saint**)
and all the saints.

In that new creation
where the fullness of your peace will be revealed,
gather people of every race, language,
religion, and way of life
to share in the one eternal banquet

He join his hands.

with Jesus Christ the Lord.

He takes the chalice and the paten with the host and, raising both, he says:

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honor is yours,
for ever and ever.

Celebrant
with
concelebrants

The people acclaim:

Amen!

Then follows the Communion Rite.